



**NEWSLETTER**

**December 2008**

**Volume 4, Number 4**

**DATES TO REMEMBER**

FRIDAY NIGHT SERVICES	December 5	7:30 PM
TORAH STUDY	December 7	10:30 AM
ADULT EDUCATION	December 14	10:30 AM
FALL DISCUSSION SERIES	December 14	2:30 PM
ROSH CHODESH	December 19-21	
WOMEN'S TORAH STUDY	December 23	2:00 PM
CHANUKAH CELEBRATION	December 28	3-5 PM

See inside for details of all these events!

**MARK YOUR CALENDAR – PLAN AHEAD**

TORAH STUDY – Rabbi Ullman – Jan. 18; Women's Torah Study – Jan. 27

Be sure to check the website where changes in dates of events and the Newsletter are posted: [www.ahycc.org](http://www.ahycc.org)

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## SHABBAT SERVICES

Services will take place at the Chapel -in the Pines on the *first and third Friday of the month*. All services start at 7:30 PM and are followed by an Oneg Shabbat. Please bring treats for the Oneg. The House Committee will provide challah and beverages. All services are led by members of the Havurah and each is different depending on the leader's orientation. If someone is interested in leading services please contact Paul Biegelsen at [landerbiegel@comcast.net](mailto:landerbiegel@comcast.net). Written and verbal assistance is available.

### SERVICE LEADERS:

Dec. 5 – Shira Sands  
 Jan. 9 – Judi&Jay Bloom  
 Feb. 6 – Paul&Elaine Biegelsen  
 March 6 – Purim Shpiel Players

## ANNUAL CHANUKAH CELEBRATION

Chanukah Oh Chanukah  
 Come Light the Menorah!!

With all of your family and friends at Am HaYam

WHERE: Chapel in the Pines in Eastham  
 WHEN: Sun.,, December 28, 2008 3PM – 5PM

Bring your Menorah, candles, favorite dreidels!  
 Am HaYam will provide the latkes, jelly donuts,  
 and drinks.

We will celebrate Chanukah with lighting of the candles, songs and stories, and dreidel games.

Please RSVP!!! to Elaine and Paul Biegelsen  
 508-255-2963, no later than December 25, 2008.



## ADULT EDUCATION

To Save A Life Is To Save the World:

Anne Katz-Jacobson - "A midwife's experiences teaching Women's Health among the Abayudaya of Uganda"

WHEN: Dec. 14, 2008 at 10:30 AM

WHERE: Wellfleet Public Library

Anne Katz-Jacobson, retired nurse midwife and a new member of Am HaYam, spent several months in 2006 , 2007 among the Abayudaya Jews of Uganda. She taught women's health issues, HIV prevention, improving maternal and child health by training health outreach workers in home birth life saving skills.

The Abayudaya, Bantu Africans whose leader embraced Judaism in 1919, have survived Idi Amin, repression and poverty. There has been increased contact since the 1990's and support through Kulanu, an organization that aids remnants of Jewish communities worldwide

and the American Jewish World Service.

The Abayudaya are deeply spiritual, keep the Sabbath, circumcise their sons and pray in Hebrew and Luganda language. Through their beautiful music they are known

throughout Africa and the world.

The community is poor and suffers as the rest of Africa. They struggle to improve their conditions through the coffee coop project (Thanksgiving Coffee), farming, women's kippa project, tourism and music.

More information can be obtained through [www.kulanu.org](http://www.kulanu.org), or googling Abayudaya. [www.thanksgivingcoffee.com](http://www.thanksgivingcoffee.com)

Anne will show a DVD and will have beautiful handicrafts available to benefit the Abayudaya.

Refreshments will be served.

### **ROSH CHODESH**

Attention all members of Am HaYam!

The members of Rosh Chodesh, (our women's group), have decided to sponsor attendance to the New England Havurah Retreat in lieu of their regular meeting in December. This retreat takes place on Friday, December 19th through Sunday, December 21st and is open to members of all havurot in the New England area, drawing people from the surrounding states to the Craigsville Conference Center, Hyannis, for that week-end. The price for those staying for the retreat (room, board, registration, etc.) is \$260. Our price, as "commuters" who go home each night, is only \$50! A true bargain, arranged by Rosh Chodesh for this year.

This is a wonderful opportunity to attend stimulating workshops on a wide variety of subjects, meet people and share ideas from their havurah at mealtimes, (\$10 each), and join in some creative and "carlbach" style singing and

services.

If you think you might be interested in attending, but are not yet sure, you can receive info about the workshops, bios of the discussion leaders, and a schedule of each day's events, by emailing Carol Roth at: [croth@primaryconnections.com](mailto:croth@primaryconnections.com) Your \$50 fee enables you to come and go at will, you need not attend all three days. Carpools will be arranged, and spouses, partners, and friends are welcome!

### **TORAH STUDY**

With Rabbi Alan Ullman

WHEN: Sunday, Jan. 18 at 10:30 AM

WHERE: Brewster Ladies' Library

Please bring fruit or pastry to share as well as some non-perishable food item for the LCOC pantries.

Beverages will be provided.

### **WOMEN'S TORAH STUDY**

WHEN: Dec. 23 at 2 PM

WHERE: Home of Shira Sands

28 Capt. Bellamy Rd., Wellfleet  
349-1784

Next meeting: Jan. 27 at home of Anne-Katz Jacobson,  
W. Yarmouth - 862-0535

### **FALL DISCUSSION SERIES**

The last session of this series, which has been facilitated by Sharon Leder-Teichman, will be held on Dec. 14 at 2:30 PM at the Wellfleet Library. The book, which participants should read before the session, is *The Bee Season* by Myla Goldberg.

**JOB OPENING ! HELP NEEDED!**

Florence and Alice have been the co-editors of the AHY Newsletter for four years. They are going to retire after the Annual Meeting in May 2009.

So we are seeking someone who would like to assume the editorship. It does make it easier if two people work together. At least one of the two should be comfortable with the computer.

It requires a monthly commitment since The newsletter comes out every month.

If interested people would call Alice (896-7355) or Florence (945-4464) we would be happy for you to work with us on the next few issues. If you'd like more information please call us.

**Food Drive Update**

First, a big thank you to Ira Wolfson for his help during the loading and organizing of the trailer with all of your bags of food. It was a big job, and once again he did it both in the evening of Yom Kippur, and again the next day.

Secondly, as more money came in we shopped again, and brought in enough food to go well over the 3500 pound goal!!

Finally,, we are delighted with the response to our suggestion at Rosh Hashanah that we "keep the tzedakah going" all year by bringing food to any Am HaYam event:(Torah Study, Adult Ed., Rosh Chodesh, Shabbat services, etc.)

Many of us are starting to pick up that habit, and are grabbing an item or two as we leave the house on our way to some meeting or program.

Todah Rabbah, thanks to all!!

Carol and Stephen Roth – AHY Food Drive co-chairs

**THANKS for YOUR SUPPORT**

- \*Kantor, Bertram & Martha
- \*Reinkraut, Dr. Rick
- \*Scherbak, Doris - With sincere thanks for welcoming me to your Havurah and especially for the wonderful High Holy Days services.
- \*Teichman, Milton & Leder, Sharon
- \*York, Richard A. & Ellen B. Charitable Trust
- \*Bechhofer, Ruth & Gunther
- \*The Berrick Family – In memory of Leonard Berrick, Doris Joseph & Dorothy Cohen
- \*Dill, Jessica & Richard – On the occasion of the High Holidays
- \*Macht, Nancy G. – In memory of Elliot G. Macht
- Nelson, Elliot & Nancy
- \*Selig, Miriam & Peter – With great appreciation for the High Holiday services
- \*Nevis, Sonia
- \*Sheffries, Evelyn – On the occasion of the beautiful Kol Nidre service
- Underberg, Judy & Steve – A happy and healthy New Year to all
- \*Ushman, Suzan & Wayne
- \*Yudell, Audrey

**SERVICES AT YOUR FINGERTIPS**

- \*Adult Education, Jessica Dill 255-7771; Judy Underberg, 240-7094
- \*Bereavement: Paul Biegelsen, 255-2963
- \*Hineni: Ruth Shapiro 896-3573; Judy Keller 255-7564
- \*House Committee: Paula Feinstein & Marilyn Greenberg 255-9283
- \*Jewish Federation: 778-5589
- \*Ritual Committee: Paul Biegelsen 255-2963
- \*Rosh Chodesh: Bernice Simon-Wolfson 362-5508
- \*Supermarket Coupons: Judy Keller 255-7564
- \*Torah Study: Alice Weiss 896-7355; Joyce & Dick Bush
- \*Treasurer: Dick Bush 430-5444
- \*Zamarei HaYam: Shira Sands 349-1784