



**NEWSLETTER**

**August 2008**

**Volume 3, Number 10**

**DATES TO REMEMBER**

SHABBAT SERVICES	August 1	7:30 PM
ADULT EDUCATION	August 10	7:30 PM
SHABBAT SERVICES	August 15	7:30 PM
BOARD MEETING	August 24	7:00 PM
SHABBAT SERVICES	September 3	7:30 PM

See inside for details of all these events!

**MARK YOUR CALENDAR – PLAN AHEAD**

TORAH STUDY: September 14

HIGH HOLIDAY SERVICES: Erev Rosh Hashanah: September 29; Rosh Hashanah Sept. 30; Kol Nidre: Oct. 8; Yom Kippur, Oct. 9.

**Be sure to check the website where changes in dates of events and the Newsletter are posted: [www.ahycc.org](http://www.ahycc.org)**

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## RITUAL COMMITTEE

### SHABBAT SERVICES

Services will take place at the Chapel -in the- Pines on the *first and third Friday of the month*. All services start at 7:30 PM and are followed by an Oneg Shabbat. Please bring treats for the Oneg. The House Committee will provide challah and beverages.

All services are led by members of the Havurah and each is different depending on the leader's orientation.

If someone is interested in leading services please contact Paul Biegelsen at [landerbiegel@comcast.net](mailto:landerbiegel@comcast.net). Written and verbal assistance is available

Service leaders:

Aug. 1 – George Wasserman

Aug. 15 – Leader needed

Sept. 5 – Judi & Jay Bloom

Sept. 19 – Play reading

Shira Sands has purchased for Am HaYam the rights to perform “The Gates are Closing” from Merl Feld. The Ritual Committee made plans to perform it as a reading for the Sept. 19 service. Paula Feinstein and Alice Weiss will share the direction of the play.

The directors need four men, a rabbi, four women and a 13-year-old girl or someone who sounds like one. There will be two rehearsals. The players will get their scripts on September 2, and the two rehearsals are scheduled for September 9 and 16, with the performance on the 19<sup>th</sup>.

Please bring non-perishable food items for the LCOC pantries to all Friday night services.

## HIGH HOLIDAY SERVICES: Dates and Times

Erev Rosh Hashanah - Monday,  
September 29, 2008 7:30 PM  
Rosh Hashanah – Tues., September 30 -  
10:00 AM

Tashlich - Immediately following the morning service of Rosh Hashanah

Kol Nidre-Wed., October 8 –  
7:30 PM

Yom Kippur – Thurs., Oct. 9

Morning Service -10:00 AM

Afternoon Service - 3:00 PM

Yizkor (Memorial) - 4:30 PM

Ne'ilah Service - 5:00 PM

## HIGH HOLIDAY INFORMATION

High Holiday services will take place at the Federated Church in Orleans.

We are delighted that once again Rabbi Deanna Douglas will be officiating. Cantor Elizabeth Anker will be joining us for the first time this year. In 2007 at the recommendation of the Ritual Committee, the Board approved the following policy:

**While the congregation is standing in prayer, no one will be permitted to enter the sanctuary. Ushers will be present at the rear of the sanctuary to implement this policy. No exceptions will be made.**

Because we are a diverse congregation, no one is required to wear a tallit or kippah while holding the Torah, reciting blessings or standing on the bimah. Kippot will be available in the foyer and tallitot will be available on the bimah for those who want them. The three available tallitot will be sent to Poland as part of the tallit return program.

## **GRANTING OF HONORS AND ALIYOT**

The Ritual Committee has formulated the following policy in giving out honors and aliyot:

- All board members
- All committee chair
- This past year's Bar/Bat Mitzvah teens and their families
- Other members who have been very active who don't meet the above criteria

If you would like to be considered for an honor, but do not meet the above criteria, please contact Paul Biegelsen, 255-2963

If you have questions about the High Holidays, please refer them to Paul Biegelsen

### **Thank you for your support!**

- Holmes, Rebecca & Michael - In appreciation of Hineni, especially Judy and Steve Underberg, Jessica Dill, Judy Keller and Joyce Bush for its help following Rebecca's surgery.
- Roth, Carol&Steve – In honor of my AHY “family” for all of their good wishes and phone calls and flowers and visits and food, food, food. With grateful appreciation for all of the above during this long recuperation.
- Dill, Jessica & Richard - In honor of the birth of our new granddaughter, Sadie Elizabeth on May 5th.
- \* Dill, Jessica & Richard - Bookplate(s) in memory of her

parents, Harriet and Lester Rogers  
\* Sands, Shira & David – In memory of Len Howard

### **Bookplate Information:**

If you wish to mark a celebratory event or honor the memory of one or more individuals by having a bookplate affixed in a prayer book, please send a contribution of \$18 (*Chai*—>life) per bookplate payable to *Am HaYam*, together with the following information to Gene Saklad, 51 Pochet Road, Orleans, MA 02653-3624:

Name(s) of contributor(s); event being celebrated or memorialized; name(s) of individual(s) being honored or memorialized; name, e-mail address (if any) and telephone number of contact if any questions arise.

**Other contributions should be sent to *Am HaYam*, Box 1235, Brewster, MA 02631**

### **ADULT EDUCATION PROGRAM**

**WHEN:** Sunday, August 10, 7:30 PM

**WHERE:** Wellfleet Library

**WHAT:** Facing History in Vilna: Healing Lessons from the Old World

Ellen Cassedy, a writer for *The Forward*, *Hadassah*, and other Jewish publications, will speak about her trip to Vilna in Lithuania, the place where Jewish culture once flowered and then faded after the Holocaust. She went to the old Jewish heartland in a quest for answers about her own Jewish family past, but discovered a larger story about how Jews and gentiles today are finding truths that all of us can use in moving beyond the conflicts of the past. Ellen Cassedy's talk about her moral journey

into Lithuania past and present will be accompanied by vivid photographs.

Rabbi Elias Lieberman of the Falmouth Jewish Congregation commented: "Combining erudition, a love of *Yiddishkeit* and a journalist's eye for detail and nuance, Ellen Cassedy gave our congregation a wonderful gift – insight into the Jewish past, present and future....Hers is a gripping tale – professional, engaging, very thought-proving and eminently worth hearing."

As a speaker, journalist, author of non-fiction books, and Yiddish translator, Ellen Cassedy connects the stories of ordinary people with social issues. Please join us for a very informative presentation.

Refreshments will be served. This event is free and open to the public.

### **ISSUES of LIVING A LONG LIFE**

The Falmouth Congregation Sisterhood and the Jewish Family and Community Services are collaborating on a 4-week program that discusses issues of living a long life. Longevity is a new problem for Americans as we age. Most of JFCS clients are well into their late 80's and early 90's. These are difficult times for this age group. Most people have outlived their spouses, have spouses with the most common disease, Alzheimer's, outlived their close personal friends, are dependent on adult children to take care of them. Mostly, these caregivers are daughters and the list goes on. Most importantly, they have outlived their MONEY. We all need to begin now to plan for a LONG life

Come and join us, hear our experts talk about how you can avoid some of the

challenges of living a longer life.

This program is open to all and all ages. The dates are all Mondays: July 14 and July 28, 2008, August 18 and the 25<sup>th</sup>. The program will be held at the Falmouth Jewish Congregation, Speen Hall.

Brown bag your lunch. We will have desert.

Topics include Re-planning your investments; Alzheimer's and the Caregiver; Living Longer and with Purpose and lastly a panel to discuss the Transitions of living: How to make these decisions.

The cost is \$18.00 for the four sessions.

TIME: 11:30 to 1:30

Please call Ann-Beth at 508-778-5589.

Checks can be brought to the door. But please call first.

### **FALL DISCUSSION SERIES**

"A Mind of Her Own: Fathers and Daughters in a Changing World," a reading and discussion series sponsored locally by Friends of the Wellfleet Library and Am HaYam, will be held Sundays at 2:30 pm beginning Oct. 12, 2008. The schedule is as follows:

*Tevye the Dairyman* by Sholem Aleichem - Oct. 12

*Breadgivers* by Anzia Yzierska - Nov. 2

*O My America* by Johanna Kaplan - Nov. 9

*American Pastoral* by Phillip Roth - Nov. 30

*Bee Season* by Myla Goldberg – Dec. 14

Sharon Leder will be the facilitator. For details or to register,

Please call the library at 508-349-0310

or contact project director Elaine

McIlroy at [emcilroy@clamsnet.org](mailto:emcilroy@clamsnet.org)

**TORAH STUDY**

Here are dates for the year 2008-09.

All sessions are held at the Brewster Ladies' Library on Sundays at 10:30 AM

Rabbi Deanna Douglas

September 14  
December 7  
February 15  
April 19  
June 7

Rabbi Alan Ullman

November 16  
January 18  
March 22  
May 10

**BOARD MEETINGS**

Members are invited to attend all Board meetings which are held the 4<sup>th</sup> Sunday of the month unless otherwise noted.

August 24  
September 21 – note that this is the 3<sup>rd</sup> Sunday since the next Sunday too close to Rosh Hashanah  
October 26  
November 23  
January 25, 2009  
February 22  
March 22  
April 27  
Annual Meeting: May 17, 2009 at Chapel in the Pines

All meetings start at 7PM and will be held at the home of Jay Bloom in Eastham unless notified of an alternate location.

**SERVICES AT YOUR FINGERTIPS**

- \*Adult Education: Jessica Dill 255-7771 & Judy Underberg 240-7094
- \*Bereavement Services: Paul Biegelsen 255-2963
- \*Children's Education: Judi Bloom 255-0055
- \*Hineni: 896-3573; Judy Keller 255-7564
- \*House Committee: Dick and Joyce Bush 430-5444
- \*Jewish Federation: 778-5589
- \*Ritual Committee: Paul Biegelsen 255-2963
- \*Rosh Chodesh: Bernice Simon-Wolfson 362-5508
- \*Supermarket Coupons: Judy Keller 255-7564
- \*Torah Study: Alice Weiss 896-7355; Joyce&Dick Bush
- \*Treasurer: Dick Bush 430-5444
- \*Zamarei HaYam: Shira Sands 349-1784
- \*Webmaster: Marc Weiss 896-7355

**REMINDER: Break-the-fast**

Leona Bicker will once again be coordinating the traditional Break-the-fast held immediately after Yom Kippur evening services. Please call her at 240-2993 if you are able to assist in setting up and/or cleaning up. ALL INVITED but if you plan to attend please bring cold foods such as devilled eggs, kugel, pastry, gefulte fish, cheeses, small sandwiches, hummus, etc. Please bring enough to serve at least 6-8 people and cut them into serving sizes. Food should be delivered in the afternoon and should not require reheating. Bagels, cream cheese, juice, coffee and tea will be provided by AHY.