



June 2010/*Sivan-Tammuz* 5770 Volume 5, Number 10

SHABBAT SERVICES



Shabbat Services are held at the Chapel-in-the-Pines (Samoset Road, Eastham) usually on the **first and third Fridays** (April-October) of the month beginning at 7:30 PM and are followed by an *Oneg Shabbat*. The *Oneg Shabbat* Committee provides *challah* and beverages. Services are led by members of the *Havurah* and each service is different depending on the leader's orientation. If you wish to lead *Shabbat* services, please contact Paul Biegelsen at landerbiegel@comcast.net

**Service leaders for Shabbat Service and Torah Dedication June 4:
Rabbi Deanna Douglas and Judy Keller
Service leader for Shabbat Service June 18: TBA**

The *Oneg Shabbat* Committee needs volunteers to help with set up and clean up at *Shabbat* services. Each volunteer serves just 2-3 times per calendar year. It is a great way to help the *Havurah*. If interested call Paul Biegelson, Chair, Ritual Committee.

PRESIDENT'S MESSAGE

Recipe for an Annual Meeting

Take 30 people dedicated to *Am HaYam*
Fold in reports from committees and groups
Sprinkle with laughter and comments
Gently stir in thanks to some special members
Add a budget
Elect officers and board members

Mix all the above ingredients on a beautiful spring afternoon until done.

Thanks to everyone who attended our Annual Meeting on May 16. We couldn't have held it without you. The reports presented at the meeting are included in this newsletter. As you can see a lot of wonderful things were accomplished in the past year.

I am looking forward to continuing as your President. I would like to thank everyone, especially the Officers and Board members, for all your support. There will be more challenges for us to confront, but I am convinced that the members of *Am HaYam* will rise to any occasion. Here's to another successful year!

Judy Keller

BAT MITZVAH INVITATION

On June 5, 2010 at 10:30 am at the Chapel in the Pines, Saskia Maxwell Keller will be called to the *Torah* as a *Bat Mitzvah*. Saskia and her parents welcome those from *Am HaYam* who would like to come and share in this happy event. If you are able to join them and Rabbi Deanna Douglas for this special Saturday Shabbat service, please RSVP by June 1st to David Keller and Mary Maxwell at kellmaxx@msn.com or at 508 349 7395.

DATES TO REMEMBER

<i>Shabbat Service/Torah Dedication</i>	Friday, June 4	7:30 PM
<i>Bat Mitzvah</i> of Saskia Maxwell Keller	Saturday, June 5	10:30 AM
Torah Study w/Rabbi Douglas	Sunday, June 6	10:30 AM
<i>Shabbat Dinners</i>	Friday, June 11	TBA
<i>Rosh Chodesh Women</i>	Thursday, June 17	TBA
<i>Shabbat Service</i>	Friday, June 18	7:30 PM
Women's Torah Study	Tuesday, June 22	2:00 PM
Board of Directors	Sunday, June 27	7:30 PM

AM HAYAM ANNUAL MEETING

The Annual Meeting took place Sunday, May 16. Following are reports from that meeting:

OFFICERS AND BOARD ELECTED

The following slate of officers and members of the board, presented by the Nominating Committee, which consisted of Florence Seldin, Chairperson; Deborah Jacobs and Carl Lipton were elected at the Annual Meeting:

		Term Expires
President	Judy Keller	2011
Vice President	Paul Biegelsen	2011
Secretary	Jessica Dill	2011
Treasurer	Martin Jacobs	2011
Board Members	Marsha Dubeau	2012
	Elaine Lipton	2012
	Judy Underberg	2012

The following members will continue on the Board and complete their terms in 2011:

Elaine Biegelsen	Dick Bush
Steve Berrick	Sandy Chernick
Arlene Cohen	Rebecca Holmes
Alice Weiss	Ira Seldin
Judi Bloom	Florence Seldin
Jay Bloom, Immediate Past President	

BY-LAWS AMENDMENT

In accordance with the By-Laws of *Am HaYam*, the following amendment was adopted.

Article VII: Committees

Section 7.32 The Finance Committee shall meet in the winter of each year and develop the budget for *Am HaYam* for the next fiscal year. The budget shall be approved by the Board of Directors no later than 60 days before the annual meeting.

Rationale: This section of the By-Laws needs to be altered due to the change in the budgeting process from the calendar year to a fiscal year. The current fiscal year, approved by the Board in 2009, is from September 1-August 31.

TREASURER'S REPORT 2009/2010

INCOME AND EXPENSES

	2009/2010	2008/2009
Income		
	30622.08	26442.01
Expenses		
Administrative	1802.28	2008.41
Adult Education	1239.11	2414.69
Festivals	1023.1	656.68
High Holy Days	12875.16	12583.79
House Committee	198.76	55.23
Interfaith	1500	750
Newsletter	460.66	2007.68
Ritual	1115.58	1748.12
Rosh Chodesh	241.96	25
Social Action	800	2100
Torah Study	3180.33	3164.28
Zamarei	60.94	95.46
TOTAL	24497.88	27609.34
CHECK BOOK BALANCE	37274.49	31250.29

Respectfully submitted,
Martin Jacobs, Treasurer

ZAMAREI

Continuing members of our group are: Paul Biegelson, Arlene Cohen, Judy Keller, Mim Selig, Shira Sands; and this year we welcome our new members Marsha Dubeau and Carl Lipton. This has been an active year for *Zamarei*. Our regular activities include providing music for *Shabbat* services based on each leader's song preference. Each *Shabbat* program is planned to harmonize both literally and figuratively with the unique spirit of the evening's worship. We are fortunate to have Judy Keller accompany us on her baritone uke. *Zamarei* also programmed holiday specific music for our Passover *Seder*, *Hanukkah*, *Rosh Hashanah* and *Yom Kippur* services, including a special arrangement of the *Kol Nidrei* with soloist Paul Biegelson. Our *Purim Shpiel*, which was written by Judy Keller, was a rousing musical event in the spirit of the holiday. *Zamarei* also led an all musical *Shabbat* service last fall.

Respectfully submitted,
Shira Sands

ADULT EDUCATION 2009/2010

The Committee (Jessica Dill and Rebecca Holmes) presented five speaker programs and three films from June 2009 to June 2010. These programs were generally very well attended with anywhere from 20 to 45 people participating. These programs attracted both *Am HaYam* members and non-affiliated (with AHY) Cape residents and vacationers. We were able to identify at least 15 additional people to add to our newsletter mailing list.

DATE	SPEAKER	TOPIC	VENUE
June 14, 2009	Dr. Len Lyons	Ethiopian Jews of Israel	Brewster Ladies Library
August 20	Cindy Rivka Marshall	The Art of Storytelling	St. Joan of Arc
October 21	Fred Alford	After the Holocaust: The Book of Job, Primo Levi, and the Path to Affliction	Brewster Ladies Library
December 6	Ira Wolfson	Palestine in the First Century CE	Brewster Ladies Library
March 7, 2010	Ira Wolfson	Continuation of presentation on Judaism and Early Christianity	Brewster Ladies Library
Scheduled for Summer 2010 and Beyond			
July 15	Anne Nelson	The Red Orchestra: The Story of the Berlin Underground and the Circle of Friends Who Resisted Hitler	Wellfleet Library
August 5	Gerald Sorin	Tradition Transformed: Jewish Experience in America	Brewster Ladies Library
August 26	Stephen Van Evera	Israel and the Two State Solution	Brewster Ladies Library
September 26	Joan Leegant	Wherever You Go - a novel about extremism in Israel	TBD
FILM SERIES			
Feb. 27, 2010	Praying with Lior		Wellfleet Library
Mar. 14	Gefilte Fish Chronicles		Wellfleet Library
April 25	Hiding and Seeking		Wellfleet Library

Respectfully submitted,
Jessica Dill, Chair

SEVENTH ANNUAL HOLOCAUST AND GENOCIDE MEMORIAL PROGRAM

The program was held on April 15, 2010 from 7-9 pm at the Nauset Regional Middle School. The guest speaker was Rabbi Baruch G. Goldstein, a survivor of Auschwitz, whose message of respect and appreciation for human life was well-received by the audience of approximately two hundred students and community members.

Students from Harwich and Nauset High Schools presented explanations of Nazi symbols given to members of the audience to wear, and the students commented on current manifestations of discrimination and loss of human rights. Students also joined members of the interfaith community to light six candles in memory of the millions of Jewish and non-Jewish victims who perished at the hands of the Nazis. Tom and Emily Faris played piano and cello at the opening of the program. At the close of the program, Milton Teichman taught the audience to sing a Yiddish song about hope for a peaceful world. The program was publicized in *The Cape Codder* and reviewed in *The Cape Cod Times* with photos of the event.

Am HaYam was represented in the candle lighting ceremony by President Judy Keller. *Am HaYam* also provided the insurance coverage required by the middle school for the event. Other co-sponsors of the event were the Nauset Interfaith Association and the Barnstable County Commission on Human Rights.

The Planning Committee for the event (called The Interfaith Group on the Holocaust, Genocide and Human Rights) included the following individuals and their affiliations: Milton Teichman, Sharon Leder and Anne Needel from *Am HaYam* (Anne also represents Nauset Regional Middle School); Madalyn Hillis-Dineen from St. Joan of Arc Church; Diane Keon from Nauset Regional High School; Angelina Chilaka from Harwich High School; Mary Lou Petiit from The Federated Church of Orleans; and Jacqueline P. Fields from The Barnstable County Human Rights Commission.

Respectfully submitted,
Sharon Leder and Milton Teichman, Co-Chairs



SOCIAL ACTION/TZEDAKAH COMMITTEE REPORT

The Social Action/*Tzedakah* Committee met three times this past year. The members of the committee are Judy Keller, Chair, Joyce Bush, Marilyn Greenberg, Rebecca Holmes, Carol Roth, Ruth Shapiro, Judy Taylor, and Judy Underberg.

Every year the Havurah allocates 10% of all money donated the previous year to *Am HaYam* to support organizations on the lower and outer Cape. This year a total of \$2800 was donated. Due to the change in the fiscal year of the Havurah, \$2000 was allocated in the spring of 2009 and the additional \$800 was allocated in the fall. Allocation of the *Tzedakah* money for 2009 was as follows:

Lower Cape Lunch (LOCAL)	\$500
Lower Cape Outreach Council (LCOC)	\$400
Homeless Prevention Council	\$400
Jewish Federation of Cape Cod	\$300
Children's Place	\$200
Independence House	\$200
Community Development Partnership	\$200
AIDS Support Group of Cape Cod	\$200
Habitat for Humanity of Cape Cod	\$100
Hospice & Palliative Care of Cape Cod	\$100
VNA - Hospice & Palliative Care	\$100
Chabad of Cape Cod	\$100
Total	\$2800

Carol and Steve Roth again coordinated our High Holiday food drive. Special thanks to them for doing this monumental job. In response to the need of the LCOC food pantry, an effort has been made this year to help stock the pantry on a continuing basis. *Havurah* members have been asked to bring food donations to all events. Our mini-food drive at Purim enabled us to donate 12 large bags of groceries to LCOC. These additional donations have been greatly appreciated. We will continue this effort in the coming year.

An outreach was made to nursing homes and assisted living facilities in the area. We offered our assistance with in-house programs and invited their residents to attend our holiday events. We received responses from 3 of the 6 facilities.

The committee is working on a "Mitzvah Day" project for the *Havurah*. Ideas being discussed include a work day at the Habitat for Humanity build in Wellfleet in the fall, help with LCOC food distribution day, and assistance for the Nauset Fellowship at

Chapel-in-the-Pines. Plans are also under discussion for a session on dealing with prejudice in conjunction with the Adult Ed Committee.

Respectfully submitted.
Judy Keller, Chair



ROSH CHODESH

We've had another successful year with many interesting and varied programs.

We started the season with the usual planning session in October.

In November we saw a film called, "A Sacred Duty: Applying Jewish values to Help Heal the World". A discussion followed on environmental issues. Jessica Dill hosted the evening and co-facilitated the program with Anne Katz-Jacobson.

The December *Rosh Chodesh* took us on an exploration of our own personal Jewish journeys through art projects. It was an insightful, inspiring and sharing evening. Bernice Simon-Wolfson hosted and Rebecca Holmes facilitated.

In January we had an unusual and inspirational program with a speaker, Ronnie Levin, from the National *Havurah*. She really kept us on our toes with a most inspiring Torah study about King David. The evening was hosted by Joan Saklad.

In February, we women brought our cookie sheets and our aprons and had a wonderful fun and sharing evening kneading the dough, shaping it into three cornered hats or *Hamentashen*, singing Purim songs and then settling down to enjoy the "fruits of our labor". This program was co-facilitated by Jessica Dill and Judy Keller. It was hosted by Bernice Simon-Wolfson.

March took us to the home of Judy Underberg where she also facilitated a book discussion. The book is called, *Sarah's Key*, by Tatiana de Rosnay. It is a novel written in 2007 that was on the N.Y. Times Bestseller's List. It takes place in Paris, July 1942, during the

Nazi Occupation of France. The main character, Sarah, is a ten year old girl who is arrested with her family and rounded up with other Jews. An emotional discussion followed.

In April we had a fun evening at the home of Arline Lowenthal where we enjoyed a hands-on arts and crafts program making cards for *Am HaYam*. Arline supplied all the materials and facilitated the program.

In May we will be at the home of Rebecca Holmes, where we will view a film called, "Sisters in Resistance," a documentary film about four non Jewish French women who joined the resistance in France and lived to tell their tale. This film will be followed by a discussion. It is a fitting film to be shown after having read "Sarah's Key".

I want to thank all the people who helped plan the programs, which hosted, facilitated and participated. Also a special thanks to Carol Roth for sending her e-mails out every month as a reminder and an update of each program.

Respectfully submitted,
Bernice Simon-Wolfson, Chair

WOMEN'S TORAH STUDY

The Women's Torah Study group meets monthly year round on the fourth Tuesday of each month at members' homes. In September of 2008, we began with Genesis 1:1 (the first book of the Torah) and continue reading in sequence. We are currently in the Book of Exodus. We read and study in English, using various versions of the Jewish Bible and a number of commentaries. We are self-directed, no experience is necessary and women are welcome to join the group at any time. Email announcements are sent a few days before each session by the host with directions. *Am HaYam* women who wish to be added to the mailing list should contact Rebecca at rebeccabolmes@comcast.net or 774-207-0285.

There are currently 30 women on the WTS email list with 17 members fairly active in the group. We've averaged 10-15 participants each month. We meet year-round to accommodate seasonal members who are only with us for a few months. Each September we decide together who will host the next 11 months. Information about the Women's Torah Study can be found in the monthly newsletter.

Respectfully submitted,
Rebecca B. Holmes

BOOK CLUB, ANYONE???

If you are interested in organizing and/or participating in a book club devoted to fiction and non-fiction works by Jewish writers and related to Jewish experience, please call or e-mail Joyce or Dick Bush at 508-430-5444, or e-mail to arbu02645@yahoo.com or bujoyce2000@yahoo.com.

YIDDISH GROUP

Our Yiddish Group is resuming. We're going to try to meet on the 2nd and 4th Thursdays, June 10th and June 24th at 12:30 PM. Our "snowbirds" have returned from Florida and Arizona. Please RSVP to me at 508-255-5419 for location and directions.

Sandy Chernick

THE AM HAYAM "SHMOOZE LIST"

The "Shmooze List" is an informal group of people who wish to share information, via email, not necessarily related to *Am HaYam*. To join, send an e-mail to shmoozer@ahycc.org. Include your name, address, phone and email address.

SUPERMARKET GIFT CARDS

Am HaYam helps the Interfaith Homeless Prevention Council by selling its Shaw's and Stop and Shop gift cards. *Am HaYam* sells the gift cards at face value and the Interfaith Homeless Prevention Council earns 5% of the value. You use them like cash at the supermarkets. It does not cost you anything. Sandy Chernick is the Chair for this project. She will have the gift cards at Board Meetings and *Rosh Chodesh* (which she usually attends) or you can call her and arrange to get the cards. Call Sandy at 508-255-5419.

ROSH CHODESH

Rosh Chodesh is an *Am HaYam* women's group which meets once a month in observance of the beginning of the Hebrew month. The final meeting of the season will be a little different than usual. We will meet during the day at 12:30 PM, each of us bringing a bag lunch, a snack or cookies to share, and books or a list of books that you have recently read which are of Jewish content or written by a Jewish woman. As of today, the location and exact time have yet to be determined. Look for Carol Roth's announcement sometime in June. In the Fall, we will have our annual planning meeting at my home on Thursday, October 21, 7:30 PM.

Bernice Simon-Wolfson, Chair, Rosh Chodesh

TORAH STUDY

Sunday Torah Study concludes for this season at the Brewster Ladies Library on June 6, 10:30 AM, with Rabbi Deanna Douglas. Please bring pastry or fruit.

TORAH STUDY 2010 /2011

(All sessions are at the Brewster Ladies Library at 10:30 AM unless otherwise noted.)

Rabbi Alan Ullman

- Tuesday, August 31
- Saturday, November 13, Havdalah, Study and Potluck Dinner (TBA)
- Sunday, December 26
- Sunday, January 30
- Sunday, February 27

Rabbi Deanna Douglas

- Sunday, October 17
- Sunday, March 27
- Sunday, April 24
- Sunday, May 15

BOOKPLATE DONATION

You may not realize that many of our prayer books are still available for dedicatory bookplates, and that virtually your entire donation for that purpose is a contribution to the wonderful programs and services provided by our committed Board and imaginative creative committees. Please don't overlook this opportunity for performing a true bargain *mitzvah*.

To mark a celebratory event, honor or remember a loved one or friend with a bookplate in a prayer book, please send a check for \$18 payable to Am HaYam to: Gene Saklad, 51 Pochet Road, Orleans, MA 02653-3624. Please include name(s) of contributor(s), event being celebrated or memorialized, individual(s) being honored or memorialized, relationship of each honoree to contributor, name, e-mail address and telephone number of contact in case any questions arise. Thanks.

Gene Saklad

MEMBERSHIP

A member is anyone who participates in *Am HaYam* religious services, programs, and events or who wishes to be on the email mailing list. There are no membership dues. *Am HaYam* is solely dependent on the generous donations of those who attend our events, especially during the High Holy Days, or who make donations to mark special occasions or to remember loved ones and dear friends. Mail donations to: *Am HaYam*, Box 1235, Brewster, MA 02631. **If you wish to have a card sent announcing your donation, please include the name and address of the person for whom you are making the donation. Thank you.**

DONATIONS

In memory of

Jon Cohen, beloved son of Arlene Cohen

Sandy Chernick & Sandi Herschel
Jay & Judi Bloom

Arnold Adler

Ruth Shapiro

WOMEN'S TORAH STUDY

The Women's Torah Study group meets monthly year round on the fourth Tuesday of each month at members' homes. We recently completed Genesis (the first book of the Torah) and are currently reading Exodus. We read and study in English, using various versions of the Jewish Bible and a number of commentaries. No experience necessary and you are welcome to join the group at any time. Email announcements will be sent a few days before each session with the location and directions. If you would like to be added to that email list, please let me know. The June 22 meeting will be at the home of Carol Roth, 2-4 PM.

Rebecca B. Holmes



LOCAL (Lower Cape Lunch)

This organization's goal is to help satisfy the physical, social and spiritual hunger of our neighbors in need on the Lower Cape. It is one of the organizations to which *Am HaYam* donates some of its funds through its Social Action Committee.

LOCAL is a relatively new outreach organization functioning under the auspices of the Interfaith Council for the Homeless of Lower Cape Cod. Its purpose is to meet the needs of those in the greater Orleans area who are hungry, whether for food, fellowship or both. LOCAL serves lunches on Tuesdays and suppers on Thursdays at St. Joan of Arc Parish Center, averaging 30-40 guests at each meal. Judi and Jay Bloom are the liaisons to LOCAL for *Am HaYam*. *Am HaYam* has committed to providing volunteers to assist each month on the 2nd Tuesday for lunch and 4th Thursday for supper. Judi and Jay need more volunteers for the program. Volunteers help at 9:30AM to set up and/or 11:30AM to serve lunch and 3:30PM to set up and/or 5:30 PM to serve supper.

Please call the Blooms at 508-255-0055 to volunteer for this *mitzvah*.

LOOKING AHEAD TO JULY:

- **Shabbat Service, Friday, July 2**
- **Independence Day, Sunday, July 4**
- **Shabbat Service, Friday, July 16**
- **Women's Torah Study, Tuesday, July 27**



THE "YELLOW PAGES" OF AM HAYAM

ADULT EDUCATION	Jessica Dill	508-255-7771	jrdill1@comcast.net
BEREAVEMENT	Paul Biegelsen	508-255-2963	landerbiegel@comcast.net
FOOD PANTRY DRIVE	Carol/Stephen Roth	508-255-5952	croth@primaryconnections.com
HH LOGISTICS	Barry Worth	508-432-8970	brw107@verizon.net
HINENI	Ruth Shapiro Judy Keller	508-896-3573 508-255-7564	vista30@verizon.net jkelle47@verizon.net
HOLOCAUST MEMORIAL PROGRAM	Sharon Leder	508-896-2395	sharon@teichmangallery.com
JEWISH FEDERATION	Office	508-778-5589	jf.cc@verizon.net
NEWSLETTER	Rebecca Holmes	774-207-0285	rebeccabolmes@comcast.net
PRESIDENT	Judy Keller	508-255-7564	jkelle47@verizon.net
RITUAL	Paul Biegelsen	508-255-2963	landerbiegel@comcast.net
ROSH CHODESH	Bernice Simon-Wolfson	508-362-5508	bsimwolf@comcast.net
SOCIAL ACTION	Judy Keller	508-255-7564	jkelle47@verizon.net
SOCIAL PROGRAMMING	Richard Dill	508-255-7771	rldill1@comcast.net
SUPERMARKET COUPONS	Sandy Chernick	508-255-5419	No email
TORAH STUDY	Alice Weiss Joyce/Dick Bush	508-896-7355 508-430-5444	amjweiss@alum.barnard.edu bujoyce2000@yahoo.com arbu02645@yahoo.com
TREASURER	Martin Jacobs	508-896-9456	majdebj@aol.com
WEBSITE	Marc Weiss	508-896-7355	mweiss@alum.mit.edu
WOMEN'S TORAH STUDY	Rebecca Holmes	774-207-0285	rebeccabolmes@comcast.net
ZAMAREI HAYAM (CHOIR)	Shira Sands	508-349-1784	shira77@comcast.net

This newsletter is being mailed electronically by email and is also available on line at the *Am HaYam* website: www.ahycc.org. Check website for last minute information and changes in programs and dates.