



January 2010/*Tevet-Shevat* 5770 Volume 5, Number 5

SHABBAT SERVICES



Shabbat Services are held at the Chapel-in-the-Pines (Samoset Road, Eastham) usually on the first Friday (note change in January to 2nd Friday) of the month beginning at 7:30 PM and are followed by an *Oneg Shabbat*. Please bring treats for the *Oneg*. The *Oneg Shabbat* Committee provides *challah* and beverages. Services are led by members of the *Havurah* and each service is different depending on the leader's orientation. If you wish to lead *Shabbat* services, please contact Paul Biegelsen at landerbiegel@comcast.net

Service leaders for January 8: Shira Sands and Arlene Cohen

The *Oneg Shabbat* Committee needs volunteers to help with set up and clean up at *Shabbat* services. Each volunteer serves just 2-3 times per calendar year. It is a great way to help the *Havurah*. If interested please call Marilyn Greenberg or Paula Feinstein at 508-255-9283. Thank you.

PRESIDENT'S MESSAGE

"In this scroll is the secret of our people's life from Sinai until now. Its teaching is love and justice, goodness and hope. Freedom is its gift to all who treasure it."

from Mishkan T'Filah

The most sacred and precious possession that a Jewish community has is a *Torah*. I am thrilled to be able to tell you that through the efforts of Renate and George Wasserman, *Am HaYam* has been given a *Torah* by a synagogue in Westchester County, NY.

Renate and George were active members of Scarsdale Synagogue before they retired to Cape Cod. Since that time, their former congregation has merged with two other congregations, Tremont Temple and Temple Emanuel of Yonkers. As a result of the merger, the congregation had ten *Torot* in their possession. Knowing that the Board of Directors of *Am HaYam* has been discussing purchasing its own *Torah* to replace the one that has been on loan to us, George approached Rabbi Steven Klein at the synagogue when he was in New York for Thanksgiving.

On Monday, December 21, I met Rabbi Klein at Scarsdale Synagogue and he presented me with a *Torah*, a gift from his congregation to our *havurah*. I am still overwhelmed by the magnitude of this gift.

In the spring we will dedicate our new *Torah* with a special service. I hope that you will be able to attend and participate in this joyous occasion. Watch for details in the newsletter as plans are finalized.



Eitz chayim hi lamachazikim bah, v'tom'cheba m'ushar.

"It is a tree of life for those who hold fast to it, and all its supporters are happy."

Judy Keller

BOARD OF DIRECTOR MEETINGS

The *Am HaYam* Board meets at 7 PM on the fourth Sunday of each month (except for the Annual Meeting in May) at the home of Judy Keller, 96 Tonset

Road, Orleans. All members of the *Ha-vurah* are welcome to attend Board meetings. The next Board Meeting will be Sunday, January 24.

DATES TO REMEMBER

New Year's Day	Friday, January 1	
Shabbat Service	Friday, January 8	7:30 PM
Adult Education/Film	Sunday, January 17	1:00 PM
MLK, Jr. Breakfast	Monday, January 18	8:30 AM
Rosh Chodesh Women	Thursday, January 21	7:30 PM
Board of Directors	Sunday, January 24	7:00 PM
Women's Torah Study	Tuesday, January 26	2:00 PM
Tu B'Shevat	Saturday, January 30	
Torah Study	Sunday, January 31	10:30 AM



ADULT EDUCATION

The Winter Jewish Film series begins January 17 with the film, *Praying with Lior*. [Lior Liebling](#), a Jewish boy with Down syndrome, spends his days praying endlessly to God, much to the delight -- and occasional befuddlement -- of those around him. Follow Lior, nicknamed "the little *rebbe*," as he approaches his *Bar Mitzvah*. [Ilana Trachtman](#)'s coming-of-age documentary paints a touching portrait of a family, while raising tough questions about notions of faith and disability. The program will be moderated by Arline Lowenthal, a member of *Am HaYam* and a practicing psychologist. This program will be at the Wellfleet Library, 1-3 PM. It is free and open to the public.

- February 7, 1 PM at the Wellfleet Library: *Shanghai Ghetto*
- March 14, 12 Noon at the Wellfleet Library: *Gefilte Fish Chronicles*
- April 18, 1 PM at the Wellfleet Library: *Hiding and Seeking*

MARTIN LUTHER KING, JR. BREAKFAST MEETING

Once again, the Nauset Interfaith Association is sponsoring a breakfast program to honor the far-reaching contributions of The Rev. Martin Luther King, Jr. in diminishing racism and prejudice in the United States. Rather than a review of past history, the issues people face today will be the major focus of this program. Please reserve the date and join us 8:30 AM, Monday, January 18, at the Church of the Holy Spirit, Monument Road at Route 28 in Orleans for what promises to be another rewarding program.

BOOKPLATE DONATIONS

To mark a celebratory event, honor or remember a loved one or friend with a bookplate in a prayer book, please send a check for \$18 payable to Am HaYam to: Gene Saklad, 51 Pochet Road, Orleans, MA 02653-3624. Please include name(s) of contributor(s), event being celebrated or memorialized, individual(s) being honored or memorialized, relationship of each honoree to contributor, name, e-mail address and telephone number of contact in case any questions arise. Thanks.

TZEDAKAH DONATIONS-2009

At the December meeting of the Board of *Am HaYam* the recommendation of the Social Action/*Tzedakah* Committee for allocation of the balance of the *Tzedakah* money for 2009 was approved. Each year the *Havurah* allocates 10% of all money donated to *Am HaYam* during the previous year to support organizations on the lower and outer Cape. This year a total of \$2800 was donated to the following organizations:

- Lower Cape Lunch \$500
- Lower Cape Outreach Council \$400
- Homeless Prevention Council \$400
- Jewish Federation of Cape Cod \$300
- Children's Place \$200
- Independence House \$200
- Community Development Partnership \$200
- AIDS Support Group of Cape Cod \$200
- Habitat for Humanity \$100
- Cape Cod Hospice & Palliative Care \$100
- VNA - Hospice & Palliative Care \$100
- Chabad of Cape Cod \$100

TIKKUN OLAM - REPAIR OF THE WORLD

Am HaYam has a proud history of donating 10% of the money it receives to local charities. We also have a tradition of collecting food and money during the High Holidays and at other events for the Lower Cape Outreach Council's food pantries. That's what we do collectively.

Many members of *Am HaYam* donate to local environmental and human causes not just with money but with their volunteer efforts. We would like to get a picture of all the organizations and causes that we, as individuals, support.

We know members are involved with:

- Homeless Prevention Council
- Lower Cape Outreach Council
- LoCaL (Lower Cape Lunch)
- Mass Audubon
- Habitat for Humanity
- Cape Cod National Seashore
- Stranding Network
- Cape Cod Literacy Council
- Cape Cod Natural History Museum

Please add to the list! Email Judy Underberg at junderberg@comcast.net or reply to Rebecca directly when you receive this newsletter.

YIDDISH CLUB

The Yiddish Club will not be meeting again until Spring. Most of the members have left for warmer climates. However, if you are still on Cape and have an interest in *Yiddish* language or culture, let's talk! It will be an opportunity to study and prepare for when the "snowbirds" return. Call me at 508-255-5419.

Sandy Chernick

THE AM HAYAM "SHMOOZE LIST"

The "Shmooze List" is an informal group of people who wish to share information via email not necessarily related to *Am HaYam*. To join, send an e-mail to shmoozer@ahycc.org. Include your name, address, phone and email address.

MEMBERSHIP

A member is anyone who participates in *Am HaYam* religious services, programs, and events or who wishes to be on the email mailing list. There are no membership dues. *Am HaYam* is solely dependent on the generous donations of those who attend our events, especially during the High Holy Days, or who make donations to mark special occasions or to remember loved ones and dear friends. Mail donations to: *Am HaYam*, Box 1235, Brewster, MA 02631. **If you wish to have a card sent announcing your donation, please include the name and address of the person for whom you are making the donation. Thank you.**

MILESTONES

Mazel tov to

Judy Underberg on her special birthday.

Arlene Cohen on the birth of her twin grandchildren, Nathaniel and Mia Cohen, children of Jonathan & Suzanne Cohen.

DONATIONS

In appreciation of

Gene Saklad for his role in the Hebrew naming of our grandchildren/children, Nathaniel (*N'taniél*) and Mia (*Miryam*) Cohen

Arlene Cohen and Jonathan & Suzanne Cohen

In honor of

Bernice and Elly on their "big" birthday

Judy Keller and Carolyn Kennedy

In memory of

Susan Atkins

Robert and Nancy Baler

Hyman Shrand, M.D.

Hannah Shrand

Our parents and our beloved daughter, Elyse

Michael & Gail Andrews

Yahrzeit for

Beloved parents, Beatrice and William Wollison

Rebecca B. Holmes

In Support of the Am HaYam Community

Larry & Ursel Pasco

TORAH STUDY

Sunday Torah Study continues at the Brewster Ladies Library on January 31 with Rabbi Alan Ullman. Sessions begin at 10:30 AM. Please bring pastry or fruit. Sessions are led by either Rabbi Deanna Douglas (D) or Rabbi Alan Ullman (U).

January 31 (U)
February 21 (D)
April 11 (D)

May 16 (U)
June 6 (D)

WOMEN'S TORAH STUDY

The Women's Torah Study group meets monthly year round on the fourth Tuesday of each month at members' homes. Last September we began with Genesis 1:1 (the first book of the Torah) and continue reading in sequence. We read and study in English, using various versions of the Jewish Bible and a number of

commentaries. No experience necessary and you are welcome to join the group at any time. Email announcements will be sent a few days before each session by the host. If you would like to be added to that email list, please let me know. The January 26th meeting will be at the home of Shira Sands, 2-4 PM.

Rebecca B. Holmes



ROSH CHODESH

Rosh Chodesh is an *Am HaYam* women's group which meets once a month in observance of the beginning of the Hebrew month. The next meeting of *Rosh Chodesh* will be at the home of Joan Saklad in Orleans. "Bible Stories You Never Heard in Sunday School" will be presented by Ronnie Levin:

"In 1973, I joined *Havurat Shalom*, the grandmother of all *havurot*, and started graduate school at Brandeis in Bible. My classmates were a group of people who transformed Jewish scholarship and living: Michael Strassfeld, Everett Fox, Danny Matt, Moshe Waldoks, Richie Siegel, George Savran, Alan Lehman, Barry Holtz, etc. I was 'the girl'. The studying was first rate, and I came to love the texts more every day.

"I have been teaching 'Intro to Bible' classes forever. We all know that the Bible is full of eye-popping stories, some gruesome and vengeful, some shameful and lusty, some both. These texts are great fun to teach because our attention never wanes. So I do."

Please join us on Thursday, January 21, 7:30 PM. RSVP to Joan at 508-240-1480 or jfsaklad@alumni.brandeis.edu.

Mark your calendars for these major upcoming events:

PURIM SHPIEL

The *Shpiel* is coming, the *Shpiel* is coming...The annual *Am HaYam Purim Shpiel* will be held on Friday, March 5, 2010 at 7:30 PM at Chapel in the Pines. Come in costume if you wish and be prepared for a fun filled evening of songs. *Zamerai* is again preparing a musical interpretation of the *Megillah* for your enjoyment. Bring some *hamantaschen* or fruit for the *Oneg*. We are in need of some readers and some more beauty pageant contestants. If you would like to participate, please call Shira Sands at 349-1784 or Judy Keller at 255-7564.



POTLUCK DINNER WITH NAUSET FELLOWSHIP

Thursday, February 11, 2010, 5:30 PM – 8 PM at Chapel in the Pines. The theme will be “Hearts and Flowers” in honor of the upcoming Valentine’s Day.

COMMUNITY PASSOVER SEDER

The Ritual Committee is looking for volunteers to coordinate the annual Passover Community Seder and handle the logistical arrangements. It will be held on Tuesday, March 30, 2010, at the Methodist Church in Orleans. Please email Paul Biegelsen at landerbiegel@comcast.net if you are interested in being a volunteer or want more information.

HOLOCAUST MEMORIAL SERVICE

Thursday, April 15, 2010, 7 PM at the Nauset Regional Middle School, Orleans.

SUPERMARKET GIFT CARDS

Am HaYam helps the Interfaith Homeless Prevention Council by selling its Shaws and Stop and Shop gift cards. *Am HaYam* sells the gift cards at face value and the Interfaith Homeless Prevention Council earns 10% of the value. You use them like cash at the supermarkets. It does not cost you anything. They also make nice holiday gifts.

Sandy Chernick is the new Chair for this project. She will have the gift cards at Board Meetings and *Rosh Chodesh* (which she usually attends) or you can call her and arrange to get the cards. Call Sandy at 508-255-5419.

JEWISH FEDERATION OF CAPE COD – Programs of Interest

Breast/Ovarian Cancer Support Group for Jewish Women

This support group is sponsored by the Jewish Family and Community Services in collaboration with *Sharsheret*, a national organization supporting Jewish women and families facing breast cancer. Meetings will take place at Whitehall Estates, Route 28, Hyannis. Light refreshments will be served. Groups will meet twice a month. Start date to be determined. For more information and to register, please contact Ann-Beth Ostroff, 508-778-5589 or jc.serve@verizon.net or Sharsheret: 866-474-2774, info@sharsheret.org.

Please feel free to call Jewish Family Services or *Sharsheret* at anytime to talk with their professional staff about your concerns! All calls are confidential.

LOOKING AHEAD TO FEBRUARY

- Shabbat Service, Friday, February 5, 7:30 PM led by Women's Torah Study Group
- Adult Education Film Series: "Shanghai Ghetto", 1 PM, Wellfleet Library
- Potluck Supper with Nauset Fellowship, Thursday, February 11, 5:30 PM
- Rosh Chodesh Women, Thursday, February 18, 7:30 PM at the home of Judy Underberg
- Torah Study with Rabbi Deanna Douglas, Sunday, February 21, 10:30 AM, at the Brewster Ladies Library
- Women's Torah Study, Tuesday, February 23, 2 PM at the home of Shira Sands
- Sunday, February 28, PURIM (will be celebrated by *Am HaYam* on March 5)
- Sunday, February 28, Board of Directors, 7 PM at the home of Judy Keller

HAPPY NEW YEAR TO YOU AND YOURS
FROM THE OFFICERS AND BOARD OF AM HaYAM!



THE "YELLOW PAGES" OF AM HAYAM

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This newsletter is being mailed electronically by email and is also available on line at the *Am HaYam* website: www.ahycc.org. Check website for last minute information and changes in programs and dates.